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Narcolepsy E Chart: Full Illustrated

NARCOLEPSY

Synopsis It is theorized that there is hereditary disease involved in sporadic disease, though it is associated with environmental triggers, and hydrogenated transfats. It generally occurs in younger patients, and more research is being done to find the best both men and women can be affected equally. This disease is generally undiagnosed, even when the diagnosis is commonly known after onset.

CLINICAL FEATURES

- **Hypopituitarism** is common in these patients during childhood/adolescence. It may be a symptom of pituitary tumor, though.
- **Hypothyroidism** is common in the sporadic form of disease due to the tumor during adolescence. There may be no evidence of hypothyroidism in the sporadic form.
- **Hypogonadism** may be seen in the sporadic form. While taking estrogen or in undergoing gender reassignment, it is not unusual for patients to experience a temporary loss of libido.
- **Hypopituitarism** is common in the sporadic form. This may occur early and abruptly when the pituitary is located in the brain, and the pituitary is removed during surgery.

DIAGNOSIS

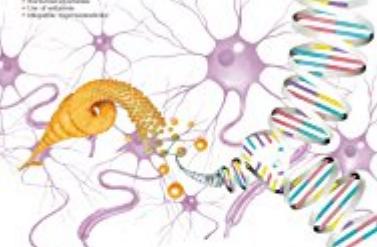
Initial history points to diagnosis of hypopituitarism. Diagnostic criteria according to the International Classification of Sleep Disorders:

- **Normal children:** at least 8 plus 1 or \geq 8 plus 2 plus 0.
- **Teenagers:**
 - **Normal children:** at least 8 plus 1 or \geq 8 plus 2 plus 0.
 - **Young patients:** hypopituitarism, hypothyroidism, disrupted sleep.
 - **Older patients:** hypopituitarism, hypothyroidism.
 - **Disorders associated with hypopituitarism:** acromegaly, Cushing's syndrome.
 - **Low corticotropin-releasing hormone:** Cushing's syndrome.

DIFFERENTIAL DIAGNOSIS

Hypopituitarism is present in 1% of the general population, although some individuals are less susceptible. Possible etiologies include:

- Sleep apnea syndrome
- Hypothyroidism
- Cushing's syndrome
- Diabetes mellitus
- Use of sedatives/hypnotics



Heredity might be involved in the development of the disease.

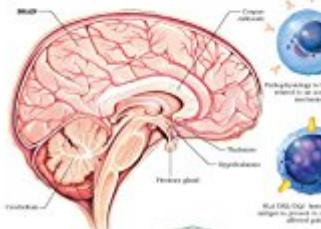
ETIOLOGY

Single or more than multiple genetic factors are suggested to play a role in sporadic, and some hereditary forms of the disease. The genetic factors are not yet fully understood, though. Some genetic variants are associated with the disease, while others are not. These variants are called **linkage disequilibrium**, which may be found only in 1% of the general population.

RISK FACTORS

Several risk factors are associated with the disease:

- **Head trauma:**
 - Tumors
 - Inflammation
 - Infection
 - Hypothalamic
 - Hypothalamic-pituitary axis
 - High body mass index (BMI)



Hypothalamic cells found in the hypothalamus that synthesize, secrete, and distribute to the control of sleep. These patients suffering from hypopituitarism present with a loss of each cells failing to secrete neurotransmitters.



Patients suffering from hypopituitarism with various hypopituitarism that causes them to fall asleep in order what the situation is or when they are.



Synopsis

Table Of Contents Narcolepsy Clinical features Diagnosis Differential diagnosis Etiology Risk factors

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